

# HOLIDAY ACTIVITIES FOR THE July - August School Break



Photo credit: Klurman, 2021



Photo credit: Grossman, 2021



Photo credit: USCS, 2019

# Vacation Activities

Here are some activities you can do during the July-August school break.



**Pitch Lake**

Photo credit: GeologyIn, 1970



**Avocat Waterfall**

Photo credit: Visit Trinidad, n.d.



**San Fernando Hill**

Photo credit: Grant Memorial Presbyterian School, 2017



**Maracas Bay**

Photo credit: Adventures from Elle, 2021



**L'eau Michel Mud Volcano**

Photo credit: Stay Local, n.d.



**Buccoo Reef**

Photo credit: Viator, n.d.

## Visit a local place of interest

# More Vacation Activities



Photo credit: Shelf Cooking, 2021



Photo credit: Ume, 2019



Photo credit: Rubin 2017

## Spend quality time with your friends



Photo credit: iStock, n.d.



Photo credit: Network, 2021



Photo credit: Film Pittsburgh, n.d.

# More Vacation Activities

**Participate or volunteer at charity events or drives.**



Photo credit: Monk, 2020



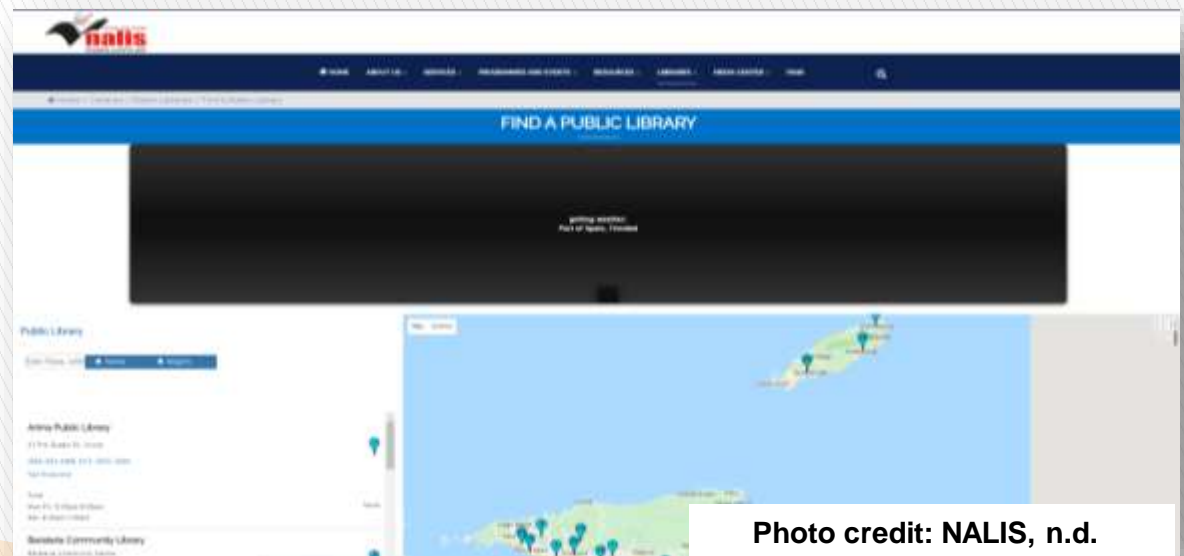
Photo credit: EmmaJane.House, n.d.

**Attend camps, events and other activities hosted by religious organizations.**

# Visit the Public Library

Plan frequent visits to a NALIS Public Library during the July/August school break.

Check the NALIS website ([www.nalis.gov.tt](http://www.nalis.gov.tt)) for the location and opening hours of the Public Libraries.



# Visit the Public Library

## Visit the nearest Public Library to:

- ✓ Sign up to become a registered member or renew your membership.
- ✓ Borrow reading materials and DVDs (movies and documentaries).
- ✓ Attend scheduled vacation activities or events.



Photo credit: Sean Thompson  
Communication Specialist, n.d.



Photo credit: Russell County Public Library, 2020

# Family/Group Activities

Here are some ways you can spend quality time with your family during the July-August school break.



Photo credit: The Family Dinner Project, 2021

**Visit your relatives or invite them over to your home.**

**Have sleepovers or stay over by relatives.**

Photo credit: Witmer, 2021



# More Family/Group Activities



Photo credit: 61<sup>st</sup> Douglas Family Reunion, 2018

**Plan family or group activities such as get-togethers or events at a home or outdoors**

**Plan home projects or participate in community events as a family.**



Photo credit: David 2022



# Self Care Vacation Activities

Here are ways you can practice self care during the July-August school break.

**Focus on your spiritual growth.**



Photo credit: Church Answers, 2021

**Get enough rest.**



Photo credit: Twenty20@ljbs, 2021

**Strengthen your Mental Health.**



Photo credit: Cozby Library and Community Commons, n.d.

**Eat healthy foods.**



Photo credit: MamaMag, 2021.



Photo credit: kali9, 2014

**Exercise & keep active.**

# More Vacation Activities



Photo credit: Mattern, 2019.

**Learn a new skill or improve upon your skills during the July/August school break.**

- ✓ **Cooking**
- ✓ **Computer Literacy**
- ✓ **Cleaning**
- ✓ **Financial Literacy**
- ✓ **Gardening**
- ✓ **Home Management**
- ✓ **Minor Electronic Repairs**
- ✓ **Minor Furniture Repairs**
- ✓ **Minor Mechanical Repairs**
- ✓ **Minor Plumbing Repairs**
- ✓ **Photography**
- ✓ **Sewing**
- ✓ **Typing**
- ✓ **Video Editing**

# Back To School Preparation

| REVISION TIMETABLE          |                    |     |      |     |     |     |
|-----------------------------|--------------------|-----|------|-----|-----|-----|
| MON                         | TUE                | WED | THUR | FRI | SAT | SUN |
| Maths<br>Biology<br>History | English<br>Spanish |     |      |     |     |     |

Photo credit: uprising, n.d.

**Complete reports, projects or assignments to be done during the vacation period.**

**Create a study timetable to review topics done throughout the school year.**



Photo credit: ArtistGNDphotography, n.d.

# More Back To School Preparation

Create a checklist for your back to school preparation.



Photo credit: Williams, 2013

## BACKPACK

- ✓ Textbooks
- ✓ Notebooks
- ✓ Pens/Pencils
- ✓ General Art Supplies

## UNIFORM

- ✓ School Shirt
- ✓ House T-Shirt
- ✓ Pants or Skirt
- ✓ Tie
- ✓ Belt
- ✓ Shoes
- ✓ Socks

## OTHER

- ✓ Facemask
- ✓ Hand Sanitizer
- ✓ Hand Soap
- ✓ Disinfectant spray or wipes.

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